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Editorial

We are witnessing an important increase of globalization based mostly on new technologies and leading to profound workforce demographics and, consequently, to changing general population health risk profile. The main risk factors, the largely preventable ones, were described recently. The growing problem in all the European countries is associated with personal lifestyle. The majority of the risk factors could be eliminated or their impact on our health could be significantly reduced by a healthy lifestyle. Unfortunately, it is not always the case. As a result, non-communicable, and especially chronic diseases are fetching to be the leading cause of premature death and disability. Among them, the mental health disorders become a major problem in European countries. It was stated authoritatively, that almost one in four citizens in the EU is affected by a mental disorder at some point in his/her lifetime. European statistics show that at about 10% of chronic health problems and disabilities are due to mental and emotional disorders. No wonder that the mental health promotion is at the top of the general health promotion initiatives contemporarily. There exist a lot of various programs for introducing the behavioural changes in order to increase and promote mental health and wellbeing. However, we all know well that the behavioural interventions demand not only funds, therapists and nurses but foremost knowledge and competence mainly. Knowledge is our mission and knowledge management that is to collect all relevant information and intellectual capital into a common output is the ambition of every author of published article. We very hope that restoring our journal and deciding to publish not only the original articles, reviews, short reports and abstracts from our scientific events after regular peer-review procedure but selected doctoral dissertations in brief too may add not only to general knowledge concerning the mental health management but in the relevant extent to attitudes to diversity of possible behavioural interventions as well.

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